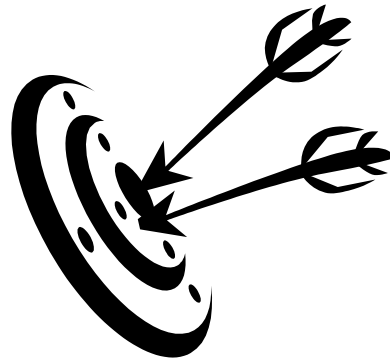
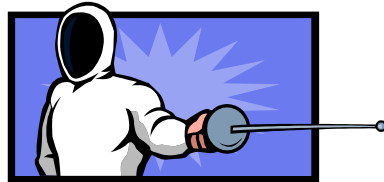


Southover School Year 6 Residential trip.



24th – 26th June 2026

Where exactly is the centre?

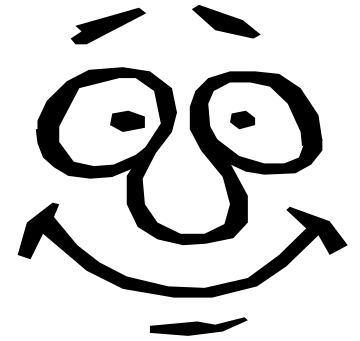
Lewes Rd, Forest Row RH18 5JS

Daytime Telephone number:

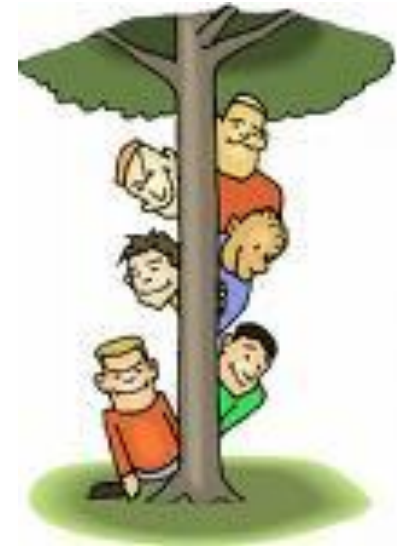
School office: 01273 473015



Which members of staff are going?



- Mrs Ruth Eke
- Ms Cassie Hayward-Tapp
- Mr Noel Fadden
- Ms Alice Smith
- Mr Tim Telford



What are the travel arrangements?

- On Wednesday 24th June, please ensure that your child is in school by 10am. Our departure time will be approximately 11am. We leave from outside our carpark near The Grange.
- When you arrive at school you must report to Mrs Eke.
- Travel sickness tablets, if required must be provided beforehand by yourselves for both the outward and return journeys. All medicines will require you to complete a Southover medication form
- **In your child's hand luggage bring a snack, a large packed lunch (in disposable packaging) and drink, we will be having our lunch once we arrive at Broadstone Warren.**
- Arrive at approx. 12.00pm.





What should the children take?

- One suitcase / rucksack - Your child will need to be able to move it!
- Hand luggage – A large packed lunch (in disposable packaging) and drink for when we arrive in the woods.
- Clothes, towels, personal effects.
- **No mobiles**
- **No sweets or snacks**
- Money – £10 max – for souvenirs
- Some children bring cards for the journey; small games

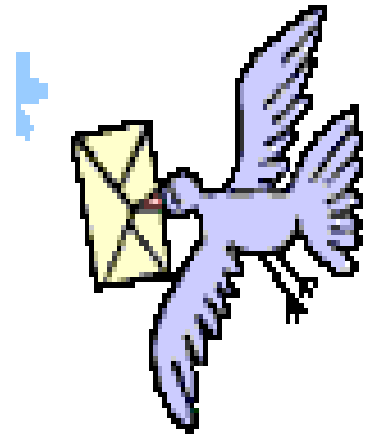
My child needs medication – what happens?

- Please ensure all medication is in its original packaging, labelled clearly with your child's name and full instructions regarding its administration. You will be required to fill in a Southover medicine form.
- If your child uses an asthma inhaler **two must be taken**. One needs to be in your child's hand luggage and a spare one (in case one gets lost or broken) needs to be handed in and looked after by Southover Staff.
- Give **ALL** medicine and spare inhalers to Mrs Cane (in the school office) by Monday 15th June **at the latest**.



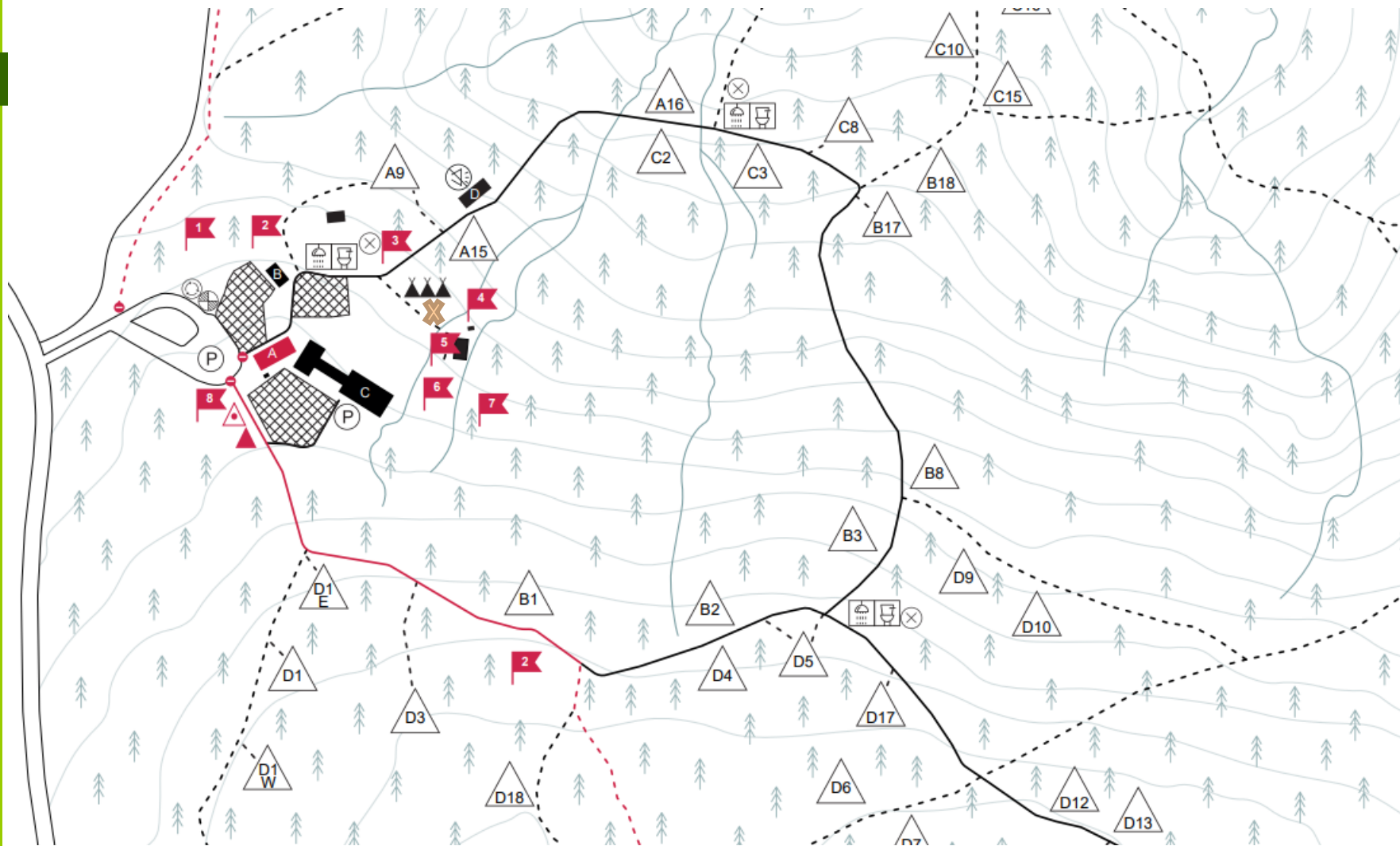
Can I keep in contact?

- Teddies or another favourite toy maybe helpful to those missing home.
- Updates will be on the school website and sent out via email.
- Contact the school if there is an emergency during school hours:
office@southover.e-sussex.sch.uk



We are in the forest !

X marks our camp





What happens when we arrive?

- Move in to tents - Tour of the site and safety/fire talk.
- First activity.
- Set up home
- Dinner
- Evening activity



Food

We will all eat together in our own space. The children will be clearing up and washing up!

The dietary requirements specified on the forms will be catered for. Sample menu below.

BREAKFAST	ASSORTED CEREALS, PASTRIES, FRUIT, YOGURT, SLICED WHITE BREAD, BUTTER AND ASSORTED JAMS					
LUNCH	BUILD YOUR OWN ROLLS WITH ASSORTED FILLINGS, CRISPS & BISCUITS	BUILD YOUR OWN WRAPS WITH ASSORTED FILLINGS, CRISPS & CAKE	BUILD YOUR OWN ROLLS WITH ASSORTED FILLINGS, CRISPS & BISCUITS	BUILD YOUR OWN WRAPS WITH ASSORTED FILLINGS, CRISPS & CAKE	BUILD YOUR OWN ROLLS WITH ASSORTED FILLINGS, CRISPS & BISCUITS	BUILD YOUR OWN WRAPS WITH ASSORTED FILLINGS, CRISPS & CAKE
DINNER	COTTAGE PIE WITH STEAMED VEGETABLES	CHICKEN FAJITAS, RICE, SOUR CREAM, GRATED CHEESE & SALAD	PASTA BOLOGNAISE WITH GARLIC BREAD & SALAD	BBQ - BURGERS & SAUSAGES WITH ROLLS, SALAD & COLESLAW	SAUSAGE AND MASH WITH PEAS & ONION GRAVY	BEEF HOTPOT WITH STEAMED VEGETABLES
PUDDING	JAM SPONGE & CUSTARD	CHOCOLATE MOUSSE	APPLE CRUMBLE & CUSTARD	CHOCOLATE SPONGE & CHOCOLATE SAUCE	STRAWBERRY MOUSSE	CHOCOLATE BROWNIES



What do we get up to?



Climbing	Football	Archery	Initiative Exercises	Abseiling
Tunneling	Archery	Fencing	Sitting in the woods	Camp Fire
Tunnel Trail	High Ropes	Bush Crafts	Basketball	Trapeze
		These are sample of activities available to us NOT necessarily the activities we will be allocated		

Activities set in the trees





How are the children grouped?

- Tepee Teams
 - Between 6 and 8 in each tepee
 - Chance to be responsible!
- Activity Groups
 - Children will be divided into 4 activity groups
- Whole school activities
 - Downtime, games, meetings

What happens in typical day?



07.15 - Southover staff wake up the group – shower/dress for the day

08.00 - Breakfast

09.00- First activity session

10.30 - Break

10.45 - Second activity session

12.30 - Lunch

13.45 - Third activity session

15.15 - Break

15.30 - Fourth activity session

17.00 - Supervised free time

17.00 - 19.00 – Free time and 2 course evening meal

19.00 - 20.30 - Evening entertainment.

*All times and session lengths are approximate.

What happens at night time?



- Evening activities.
- Lights out by 9.30pm
- Girls and boys in separate rooms.
- Direct outside areas monitored by school staff.
- Each tepee should be quiet enough for the children to sleep.
- Southover staff are available to the children throughout the night (no matter what the time!)

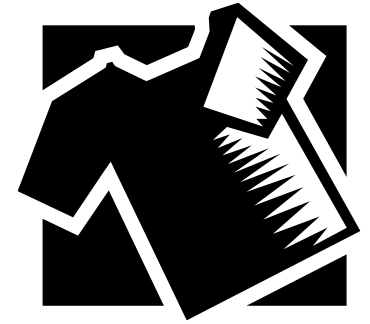


What about the journey back?

- We anticipate leaving Broadstone Warren at 1.30pm
- We will to be back at school by approx. 2.30pm
- Please be at the car park near The Grange at approximately 2.30pm to meet your child off the coach when we arrive back on Friday.

If our journey is delayed and our expected arrival is much later we will update you via email.

Recommended Packing List



- Waterproof jacket, sunhat or baseball cap are **ESSENTIAL** items (and waterproof trousers if wanted).
- Nightwear.
- Toiletries, towel, sun cream, toothpaste, toothbrush, soap/shower gel etc, roll on deodorant (No aerosols or sprays of any kind). Crocs or flipflops for shower.
- 2 pairs of shorts (not short shorts) or 3/4 length trousers or similar for the evening activities.
- Day activity clothing - at least 2 long and 2 short sleeve t-shirts (no crop or strappy tops), long trousers/jogging bottoms-these are often needed for a particular activity. These clothes will most likely get muddy
- At least 2 hoodies, sweatshirts or fleeces.
- Adequate socks and underwear.
- Two pairs of trainers (one will most likely get muddy).
- Small day rucksack.
- Reusable named drinks bottle.
- Named camera if they want (child's name and school name)
- Children **MUST NOT** bring mobile phones.
- Large named bag or laundry bag to bring dirty clothes home.
- Sleeping bags and pillow
- Torch (spare batteries) & watch/clock
- No snacks please.

Southover School are **not** responsible for the loss or damage to cameras, games, jewellery etc.



Finally...

- If you have any further questions, please do not hesitate to contact one of us.
- Have the washing machine ready for your child's return, their clothes will be dirty!



• CAMERAS (optional) AND PHOTOGRAPHS

• The residential trip will be a landmark event in the lives of our Year 6 children with life-long memories. We understand that children will want to take photos whilst on the trip; however, they will need to be aware of the following:

- photos can be taken (on a camera - not a mobile phone) of events and activities with the permission of other children
- photos are only for personal memories and are not to be shared on social media (or any other platform including WhatsApp) without permission from the parents of all children in the photo
- photos of staff are not to be taken or shared on social media (or any other platform including WhatsApp)
- no photos are to be taken in the bed or bathrooms under any circumstances
- staff will take group photos (where possible and circumstances allowing) using school equipment, as souvenirs for the children
- staff will remove cameras that are used inappropriately and return them to parents at the end of the trip
- staff will always take reasonable steps to keep children's possessions safe but cannot be held responsible for the safety of children's cameras

• Please return this form if your child will be bringing a camera on the trip. We would ask that both you and your child sign to show that you have understood the above.

• Parent name and signature: _____

• Student name and signature: _____